



Douglas W. Rothrock, M.D.

Curriculum Vitae

Qualifications:

Board Certified in Cardiology 1987
Board Certified in Obesity Medicine 2018
Board Certified in Internal Medicine 1981
Board Eligible in Sleep Medicine 2011
Board Eligible in Electrophysiology 1990

Training:

University trained in all aspects of beside Cardiology, hemodynamic monitoring, and cardiac catheterization. Proficient in M-mode, 2-D, and Doppler echocardiography, treadmill testing and stress echocardiography. Accomplished in temporary and permanent pacemaker implantation. Experienced in all aspects of cardiac catheterization including diagnostic cardiac catheterization, PTCA, stent placement, directional atherectomy, intra-aortic balloon placement, trans-septal catheterization, and pericardiocentesis. Experience with electrophysiologic procedures, including ICD/BI-V ICD placement and RF ablation procedures.

Contact Information:

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Education:

Beaverton High School Beaverton, OR	Diploma
Reed College Portland, OR	B.A.-Cum Laude 08/1970-06/1974
University of Oregon Medical School. Portland, OR	M.D. 07/1974 - 06/1978

University and Hospital Appointments and Professional Services:

07/1978-07/1979	Internship-Intern in Medicine Oregon Health Sciences Center Portland, OR
08/1979-08/1981	Residency-Resident in Medicine Oregon Health Sciences Center Portland, OR

C.V.

08/1981-08/1984 Fellowship-Fellow in Cardiology
Oregon Health Sciences Center
Portland, OR

08/1981-08/1982 Research Fellow under W. E. Connor, M.D.
Sponsored by NIH Grant 702605346
Oregon Health Sciences Center Portland,
OR

07/1983-07/1984 Instructor in Medicine
Oregon Health Sciences Center
Portland, OR
Director: Frank Kloster, M.D.

07/1984-07/1987 Clinical Assistant Professor Oregon
Health Sciences Center Portland,
OR
Director: George Porter, M.D.

08/1984-08/1989 Private Practice in Cardiology
Hillsboro Cardiology
545-C Oak St.
Hillsboro, OR 97123

08/1989-12/1990 Special Fellowship in Electrophysiology
Oregon Health Sciences Center
Portland, OR
Director: Henry DeMots, M.D., Chief of Cardiology

01/1991-01/1997 Private Practice in Interventional Cardiology and Electrophysiology
Capitol Interventional Cardiology
6347 Coyle Ave.
Carmichael, CA 95608

03/1998-06/2019 Prescott Cardiology/Co-Owner
804 Ainsworth Dr.
Prescott, AZ 86301

02/2010-Present Medical Director/Co-Owner
The Heart Shop LLC
Prescott, AZ 86301

02/2010-12/2019 Senior Medical Advisor
Ideal Protein of America Inc

02/2017-12/2019 Chief Medical Officer
Ideal Protein of America Inc

Bibliography:

Rothrock DW, Phillipson BE, Illingworth DR, Harris WS, Connor WE: The Comparative Effects of Dietary Fish Oils versus Vegetable Oils in Normals and Hyperlipidemic Subjects. *Circulation* 66: Suppl II 159, 1982 (Abstract Presented at the 55th American Heart Association Meeting)

Phillipson BE, Harris WS, **Rothrock DW**, Illingworth DR, Connor WE: The Effects of Omega-3

Fatty Acids in the Treatment of Type V and Type IIB Hyperlipidemias, Submitted for Publication

Rothrock DW, Harris WS, Illingworth DR, and Connor WE: Dose Response of Dietary of Omega-3 Fatty Acids in Hyperlipidemic Patients (work in progress)

Harris WS, **Rothrock DW**, and Illingworth DR, Connor WE: Mechanism of Action of Omega-3 Fatty Acid by VLDL Turnover Studies (work in progress)

Phillipson BE, **Rothrock DW**, Connor WE, Harris WS, Illingworth DR: Reduction of Plasma Lipids, Lipoproteins, and Apoproteins by Dietary Fish Oil in Patients with Hypertriglyceridemia. *New England Journal of Medicine* 1985, 312; 1210-1216

Rothrock DW, McAnulty J: Intra-Arterial Signal Average ECG; *Circulation Supplement Abstract* at the 1989 American Heart Association Meeting

Presentations:

Abstract Presentation at the 55th American Heart Association Meeting

Dallas, TX; 1982

"Complex MI" Oregon Critical Care Nurses Association 1982-1985 *Best Speaker Award*

"Brady Arrhythmias" Paramedical Training Program at OHSU

"Shock," Oregon Critical Care Nurses Annual Meeting 1984 and 1985

TPA versus Streptokinase in Thrombolytic Therapy," Oregon Academy of Physicians 1988

"Atrial Fibrillation" Grand Rounds at Mercy San Juan Hospital 1995-1996

Professional Committees:

Member, Board of Directors, Oregon Heart Association; 1984-87

Chairman, Nutrition Subcommittee, Oregon Heart Association; 1984-87

Chairmen, Internal Medicine, Tuality Hospital; 1986-87

Medical Executive Committee Member, Tuality Hospital; 1986-87

Member, Oregon Heart Association; 1987- Present

Member, Sacramento/El Dorado Medical Society; 1992-Present

Chairmen, Cardiac Services Committee, Mercy San Juan Hospital; 1995-97

Member, Regional Investigational Review Committee, Mercy Hospitals; 1995-97

Member, Pharmacy and Therapeutics Committee, Yavapai Regional Medical Center; 1998-Present

Chairman, Ideal Protein Cardiology Advisory Board

Chairman, Ideal Protein Medical Advisory Board

Research Affiliations:

Co-Investigator in the NHLBI Study Cardiac Arrhythmia Suppression Trial
Local Director of the OHI Trial of TPA Versus Streptokinase

Gusto II and III Co-Investigator

RF Ablation of Atrial Flutter and Ventricular Tachycardia
Intermedics "Rescue AICD" Protocol
Azimilide in SVT

Personal Interests:

Flying (Private Pilot)
Scuba Diving
Camping and Hiking