

Let's Get Healthy 4 You! Ideal Protein Product Order Form

NAME: _____ Date/Time of Pick Up : _____

All unpaid food orders, not associated with an appointment, must be picked up within 2 business days or it will be put back on the shelf.

PRODUCTS	Packets \$4.50	Box \$33.00
BREAKFASTS		
Apple Oatmeal		
Maple Oatmeal		
Crispy Cereal		
Plain Pancake		
Chocolate Chip Pancake		
Herb & Cheese Omelet		
Bacon and Cheese Omelet		
LUNCHES		
Vegetable Chili <i>R</i>		
Macaroni & Cheese <i>R</i>		
Chicken Flavored Patty		
Rotini (noodles)		
Chicken Soup		
Chicken Noodle Soup		
Mushroom Soup		
Leek Soup		
Tomato & Basil Soup		
Chicken a la King		
Broccoli Cheese Soup		
Potato Puree		
SWEETS		
Dark Chocolate Pudding		
Milk Chocolate Pudding		
Vanilla Pudding		
Raspberry Jello Mix		
Raspberry Mousse		
Chocolatey Caramel Mug Cake		
CRUNCHIES		
Apple Cinnamon Soy Puffs <i>R</i>		
Chocolate Soy Puffs <i>R</i>		
Peanut Butter Puffs <i>R</i>		
Double Chocolate Brownies <i>R</i>		
Lemon Wafers <i>R</i>		
Orange Wafers <i>R</i>		
Strawberry Wafers <i>R</i>		
Triple Chocolate Wafers <i>R</i>		
Dill Pickle Zippers <i>R</i>		
White Cheddar Ridges <i>R</i>		
Southwest Cheese Curls <i>R</i>		
Vanilla Crispy Squares		
BBQ Soy Nuts		
Sweet & Spicy Trail Mix		
BBQ Crisps		
Garlic and Herb Crisps		
Sea Salt and Vinegar Crisps		
Sweet Chili Doratos		
BARS		
Caramel & Peanut Bars <i>R</i>		
Caramel & Vanilla Bars <i>R</i>		
Chocolate Mint Bar <i>R</i>		
Chocolatey Coconut Bar <i>R</i>		
Cranberry Pomegranate Bars <i>R</i>		
Cookie Dough Swirl Bars <i>R</i>		
Peanut Butter Crunch Bars <i>R</i>		
Raspberry Chocolatey Bars <i>R</i>		
Vanilla Peanut Bar <i>R</i>		

PRODUCTS CONTINUED	Packets \$4.50	Box \$33.00
DRINKS		
Pineapple Banana Drink		
Blueberry Cran-Granata Drink		
Orange Drink		
Peach Mango Drink		
Pina Colada Drink		
Wildberry Yogurt Drink		
Cappuccino Drink (<i>Powder</i>)		
Vanilla Drink (<i>Powder</i>)		
Chocolate Drink (<i>Powder</i>)		
PREMADE PRODUCTS		
Strawberry Banana Smoothie (6 pack) (\$5.50/\$33.00)		
Premade Vanilla Drink (6 pack) (\$5.50/\$33.00)		
Premade Chocolate Drink (6 pack) (\$5.50/\$33.00)		
Premade Cappuccino Drink (6 pack) (\$5.50/\$33.00)		
Mango Smoothie (8 pack) (\$5.50/\$44.00)		
Vanilla Almond Yogurt Drink (8 pack) (\$5.50/\$44.00)		
Premade Chocolate Pudding (6 pack) (\$5.50/\$33.00)		
Premade Carmel Pudding (6 pack) (\$5.50/\$33.00)		
Premade Vanilla Pudding (6 pack) (\$5.50/\$33.00)		
MAINTENANCE (Ideal Complete)		\$5.50 \$38.50
Meal Replacement Drink (7 Packets) Vanilla		
Meal Replacement Drink (7 Packets) Chocolate		
Meal Replacement Drink (7 Packets) Strawberry		
Meal Replacement Bar (6 Bars) Toffee & Pretzel		
WORK OUT and PHASE 1 ENHANCER		\$2.00 \$28.00
Branched Chain Amino Acids		
VITAMINS		
Multi-Vitamin (60 Caps) (\$28.00)		
Cal-Mag (120 Tablets) (\$24.00)		
Potassium Citrate (60 Tablets) (\$12.60)		
Natura Omega III (90 Caps) (\$39.00)		
Natura Enzymes (60 Caps) (\$23.80)		
Natura Anti-Oxy (60 Caps) (\$32.40)		
Senna Stimulant Laxative (100 Tablets) (\$10.00)		
Flora Health (30 Caps) (\$26.00)		
IntraMAX Liquid Vitamins (\$80.00)		
IntraMAX Sample (\$5.00)		
Vitamin D Chews 10,000iu (30 gels)(authorization needed) (\$20.00)		
MISCELLANEOUS		
Sea Salt (\$4.50)		
Blender Ball Shaker (\$8.00)		
Dr. Tran Tien Chanh "Because it's your Life" (\$20.00)		
NEW Cookbook Phases 1&2 (\$39.98)		
Taste The Freedom Phase 4 (\$49.00)		
Tangerine (7.00 Per Box) (.50 Per Packet)		
Mangosteen (7.00 Per Box) (.50 Per Packet)		
WALDEN FARMS		
FLAVORS:	Italian	Ranch Creamy Bacon
	Thousand Island	Honey Dejon Pancake Syrup
Fax, Call, Email or Drop Off Orders		
223 E. Union St. Prescott, AZ 86303		FAX: 928-778-0278
LGH4YOU@TheHeartShopAZ.com		PHONE: 928-708-9355
R = Restricted (One a Day)		
7 Packets = 1 Box		3 Boxes = 1 Week of Food
Other:		